



SAILING INSTRUCTIONS

2026 ILCA Master European Championships

19 September – 25 September 2026
La Baule, France

Organizing Authority: The Yacht Club de La Baule and EurILCA

Change LOG

Amendment 1: September 19, 2026: SI 11.3, 11.4, 12.4, Addendum B

Preamble:

EurILCA reminds everyone that sporting events are above all a space for exchanges and sharing open, accessible to all. As such, competitors and support persons are asked to behave in all times, on land and on the water, in a courteous and respectful manner regardless of origin, gender or sexual orientation from other participants

1. RULES

- 1.1 The event will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
- 1.2 French National Authority prescriptions will apply (see attachment3 of the NOR).
- 1.3 ILCA class rule changes:
 - 1.3.1 Class rule 7(a) is changed as follows: "Only one person (the registered competitor) shall be on board while racing."
- 1.4 RRS Appendix P, Special Procedures for Rule 42 will apply with the following changes:
 - 1.4.1 If a first penalty is signaled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c). However, she shall not be scored worse than DSQ.
 - 1.4.2 RRS P4 is replaced with "An action by the jury under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 61.1(a). The jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the jury or its designated observers.
- 1.5 RRS Appendix T, Arbitration will apply.
- 1.6 In all rules governing this regatta.
 - 1.6.1 Both 'athlete' and 'competitor' mean a person competing or intending to compete in the regatta.
 - 1.6.2 **[SP]** denotes a rule for which Race Committee or Technical Committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the International Jury with a hearing. However, the race committee or technical committee may protest a boat if considers a standard penalty is inappropriate. A boat who has been penalized with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS A 5.1 and A 5.2.
 - 1.6.3 **[DP]** denotes a rule for which the penalty is at the discretion of the Jury;
And
 - 1.6.4 **[NP]** denotes a rule that shall not be grounds for protests by a boat and for which the International Jury may refuse to hold a hearing. This changes RRS 60.1 and 63.2(a).
- 1.7 If there is a conflict between languages the English text will take precedence.
- 1.8 **[DP][NP]** All competitors and support persons shall follow any reasonable instructions given

- by a race official.
1.9 RRS 90.3(e) applies.).

2. [DP] [NP] FLEET AND RANK IDENTIFICATIONS

- 2.1 Each boat shall display a colored sleeve 30 cm long at the base of the mast, between the vang fitting and the boom, corresponding to the colour of the fleet in which the competitor is sailing. The color identification must cover all around the mast.
2.2 Colours for ILCA 7 and ILCA 6 for Masters categories see NOR 7.6.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) which is the event website <https://2026-master.eurilca-europeans.org/>
3.2 Any information provided in the telegram group is unofficial and not grounds for redress. This changes RRS 60.1 and 63.2(a).

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted no later than 2 (two) hours before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

5. [DP] REGISTRATION, BOATS & EQUIPMENT INSPECTION

- 5.1 Each competitor shall register at the race office and complete all required registration and equipment inspection formalities before racing. A competitor that does not complete all required registration and equipment formalities will not be entered to the event under RRS 75.
5.2 Information on equipment inspection will be posted on the official notice board. Boats shall be presented with all equipment that shall be used in the event, with the bottom mast, boom and all control lines rigged and with the sail and top section derigged ready for inspection.
5.3 Equipment inspection will take place at the boat park according to the schedule posted on the official notice board.
5.4 Equipment inspection outside these times will only be possible at the discretion of the technical committee and on payment of EUR 20.
5.6 Equipment, including wet clothing, may be inspected at any time for compliance with the class rules and the sailing instructions according to the following procedures:
a. A competitor may be instructed by the technical committee, either ashore or on the water, to proceed immediately to the inspection area for inspection.
b. Until permission is given by the technical committee, a competitor once instructed to proceed for inspection, shall have no unauthorized contact with any support person, no person shall join or leave the boat, no equipment or other item shall be taken on or off that boat and the boat shall not leave the inspection area.
5.7 In the event of damage, hulls and equipment listed in NOR 7.2 may only be replaced with the written permission of the technical committee. If the damage occurs between 2 (two) hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, and the written permission of the technical committee shall be applied for before the end of the protest time limit at the end of the day in which the replacement takes place.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the official flagpole located at boat parks.
6.2 **[DP][NP]** Flag D displayed with one sound means "The warning signal will be made not less than 60 minutes after flag D is displayed" no boat shall leave her allocated place until this signal is made.
6.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

7. FORMAT OF RACING

- 7.1 The event consists of a single series.

7.2 There is a total of 10 races scheduled.

8. SCHEDULE

Day	Time	Time	Description
18.09		1500-1830	Equipment Inspection
18.09		1500-1830	Race office open /Registration
19.09	0830-1200	1300-1800	Equipment Inspection
19.09	900-1200	1300-1800	Race office open /Registration
20.09	08:30-1200	1300-1400	Equipment Inspection
20.09	0900-1200	1300-1600	Race office open / Registration until 1600
20.09	1600		Coach/Sailor meeting
20.09	1900		Welcome ceremony and finger food
21.09	1100		First warning signal. 2 races
22.09	TBA.		First warning signal. 2 races
23.09	TBA		First warning signal. 2 races
24.09	TBA		First warning signal. 2 races
25.09	TBA		First warning signal 2 races. 18:30 prize giving ceremony and finger food

- 8.1 The schedule may be changed by notice to competitors every day. The schedule may be changed to sail more than 2 races a day, when behind schedule. However, no more than 3 races a day will be sailed.
- 8.2 Each day succeeding races will start as soon as practicable after the finish of the previous race.
- 8.3 On the last day of the championship, no warning signal will be made after 16:00.

9. RACING AREAS

- 9.1 There will be two race areas, Alpha and Bravo. Addendum A shows the approximate location of racing areas. The racing area is defined as an area extending 100 meters beyond the entire course in which a boat would normally sail while racing.
- 9.2 The flag for the area ALPHA is "A" on the white background, the flag for the area Bravo is "B" on white background.
- 9.3 **[DP]** Boats not racing shall avoid the racing area.
- 9.4 ALPHA Course will be a trapezoid and BRAVO course will be Windward-Leeward.
- 9.5 On the first racing day, ILCA 7 will start on ALPHA Race Area and the ILCA 6 on BRAVO Race Area. ILCA 7 and ILCA 6 will alternate Race Areas every day unless there are no races the day before.

10. COURSES

- 10.1 Addendum B shows the course diagrams, including the order in which marks are to be passed or rounded, and the side on which each mark is to be left.
- 10.2 **[NP]** No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.
- 10.3 The trapezoid course may be shortened to finish at a rounding mark, or a gate provided four or more legs have been sailed on an outer course and at least three or more legs have been completed on an inner course (excluding the leg between mark 1 and mark 1A).
- 10.4 For Windward-Leward course may be shortened to finish at a rounding mark, or a gate provided three or more legs have been sailed"
- 10.5 If one gate mark is missing the remaining mark will be left to port.

11. MARKS

- 11.1 **Area Alpha** : Course marks 1, 2, 3s, 3p, 4s and 4p will be Yellow Cone Buoys and 1A will be a Yellow Tetrahedral Buoy
- 11.2 **Area Bravo:** Course marks 1, 1A, 2s, 2p. will be Red Cone Buoys
- 11.3 The starting marks will be race committee vessel displaying orange flag and a pin White buoy
- 11.4 The finishing marks will be a race committee vessel displaying a blue flag and a pin Green buoy
- 11.5 Area Alpha: Change of course marks, will be Orange cone buoys.

12 THE START

12.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 2 minutes before a warning signal is made.

12.2 The warning signal for each succeeding race will be made as soon as practicable.

12.3 Start sequence and Fleet flags:

Order of Racing

Fleets	Fleet Flags	Start Sequence	Course
ILCA 7 Grand Masters	Blue	1 st Start	Outer or WL
ILCA 7 Great Grand Master+ Legend	Yellow	2 nd Start	Outer or WL
ILCA 7 Apprentice + Master	Green	3 rd Start	Inner or WL
Order of Racing			
Fleets	Fleet Flags	Start Sequence	Course
ILCA 6 Legend	White	1 st Start	Outer or WL
ILCA 6 Great Grand Master	Yellow	2 nd Start	Outer or WL
ILCA 6 Grand Master	Blue	3 rd Start	Inner or WL
ILCA 6 Apprenti Master + Master	Green	4 th Start	Inner or WL

12.4 The starting line will be between the staff displaying an orange flag and a course side pin white buoy.

12.5 Starting area is defined as an area **extending 100 meters beyond starting marks and its extensions** in which the boat would normally sail to approach starting line.

12.6 **[DP] [NP]** Boats whose warning signal has not been made shall sail at least **100** meters away from and to leeward of the starting line and the **extensions** during the start sequences for other fleets.

12.7 A boat starting later than 4 minutes after her starting signal will be scored did not start (DNS) without a hearing. This changes RRS A 4, 5 1 and A 5.2.

12.8 Races will be started using either RRS 30.3 (U Flag Rule) or RRS 30.4 (Black Flag Rule).

12.9 RRS 30.4 (Black Flag Rule) is supplemented as follows:

12.9.1 Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in SI 9.1 before the new preparatory signal. If she fails to do so, she will be scored DNE.

12.9.2 For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the Race Committee will lay a new mark as described in SI 11. This changes RRS 33.

14 THE FINISH

14.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel on starboard side and the course side of the pin end finish mark on the port side except when RRS 32.2 applies.

15 TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are in minutes as follows:

Race Time Limit	Finish Window	Race Target Time
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75	20	50
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- 15.2 Boats failing to finish within the time stated in the Finish Window, after the first boat sails the course will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

- 15.3 Failure to meet the target time will not be grounds for redress under RRS 61.4(b)

16 HEARING REQUESTS, ENQUIRIES AND PENALTIES

- 16.1 Hearing request forms are available on the Official Notice Board. Hearing requests shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit will be set by and posted on the official notice board by the international jury and may be different for each fleet.
- 16.3 Notices will be posted within 30 minutes of the protest time limit for each fleet to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4 Hearings will be held in the Hearing Room.
- 16.5 In RRS 61.2(b)(2) and 63.7(b)(2) change 'On the last scheduled day of racing...' to 'On the last day of a series.'
- 16.6 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available on the official notice board.
- 16.7 A list of boats that have been penalized for breaking RRS 42 will be posted after racing each day.
- 16.8 **[NP]** Only the technical committee may protest a boat for an alleged breach of the class rules of RRS Part 4 Section B or RRS Appendix G or penalize a boat for breach of SI 16.9. This changes rules 60.1.
- 16.9 If a boat is sailed without a daggerboard stopper, or with no mast retention line attached rule 3(b) xi), a scoring penalty of 30% of the score for did not finish rounded to **nearest tenth of a point (0.05 rounded upward)** will, without a hearing, be added to the boats score in the last completed race in which she was racing without a daggerboard stopper or the retention line. However, she shall not be scored worse than DNF. This changes RRS 63.2(a) and RRS A5.
If a competitor sails with GPS enabled watch or any electronic equipment not specified (class rule 22), or with a sail, top mast, bottom mast, rudder, daggerboard has been changed prior to a race without the permission required by SI 5.7, the competitor will be disqualified without a hearing from the last completed race when the breach occurred.
- 16.10 **[DP]**. Penalties for any other breach of class rules are at the discretion of the international jury and may be less than disqualification.
- 16.11 In case of technical issue, paper forms will be available at Jury room (hearing requests) and Race Office (all forms).

17 TITLES & PRIZES

- 17.1 Titles and prizes will be awarded according to the notice of race.

18 **[DP]** **[NP]** SAFETY

- 18.1 Rule 40.1 Personal Flotation Devices applies at all times afloat.
- 18.2 A competitor that retires from a race shall notify a race committee, safety or jury vessel as soon as reasonably possible and shall inform the race office immediately after returning to the shore.
- 18.3 Competitors choosing not to race any of the racing days shall inform the race office as soon as possible.
- 18.4 When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee VHF 6 channel for instructions and assist in search and rescue operations. The race committee will also use this channel for communication with coaches on the water.
- 18.5 If a boat is abandoned, it will be marked with a hazard tape tied through the bow eye to signal that the competitor is safe. Hazard tape must be collected by support boats from the Race office.

19 LOCATIONS OF IMPORTANCE

19.1 The important locations:

	Location
Race Office	At the club house YCLB
Official Notice Board	https://2026-master.eurilca-europeans.org/
Official Flagpole	Terrace of YCLB
Equipment Inspection	Tent near in the front of the club the club
Hearing Room	Tents in the parking of YCLB

20 OFFICIAL VESSELS

20.1 Official vessels will be marked as follows:

Vessel	Flag
Jury	Yellow with Jury blue letters
Race Committee	YCLB Rectangular Flag
Technical Committee	White with TC letter
Safety Team	Small flame with YCLB
Press, Media	White with PRESS letters

20.2 Failure of an official vessel to fly an identifying flag shall not be grounds for redress by a boat. This changes RRS 61.4(b).

20.3 Actions by the official vessels or helicopters shall not be grounds for redress by a boat. This changes RRS 61.1(a).

21 SUPPORT VESSELS

21.1 Support persons shall comply with the Support Vessel Regulations. See Attachment 2 in the notice of race.

22 TRASH DISPOSAL

22.1 Trash may be placed aboard support or official vessels.

23 [DP] RADIO COMMUNICATION

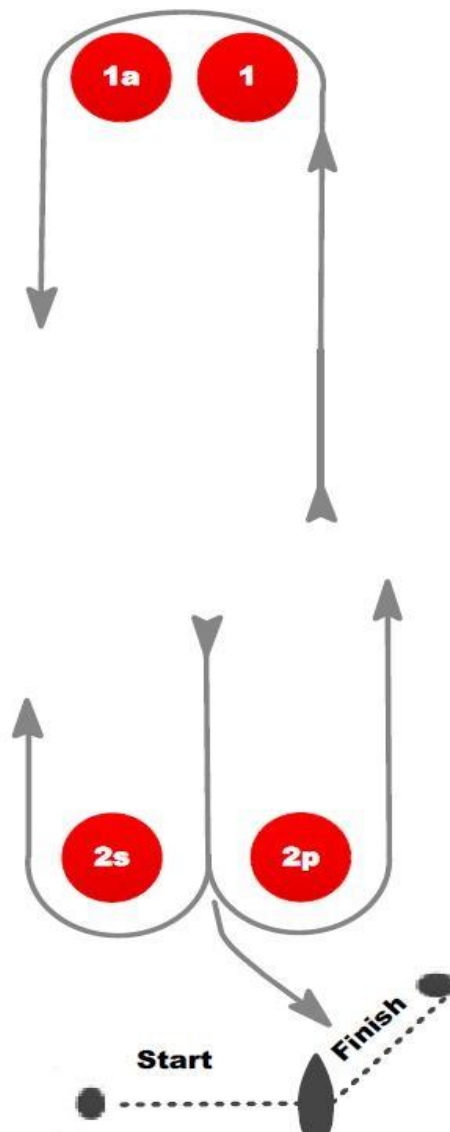
23.1 While afloat, a competitor shall not carry equipment capable of making or receiving voice or data transmissions, except for equipment provided by the organizing authority.

24 RISK STATEMENT

24.1 See NoR 24.

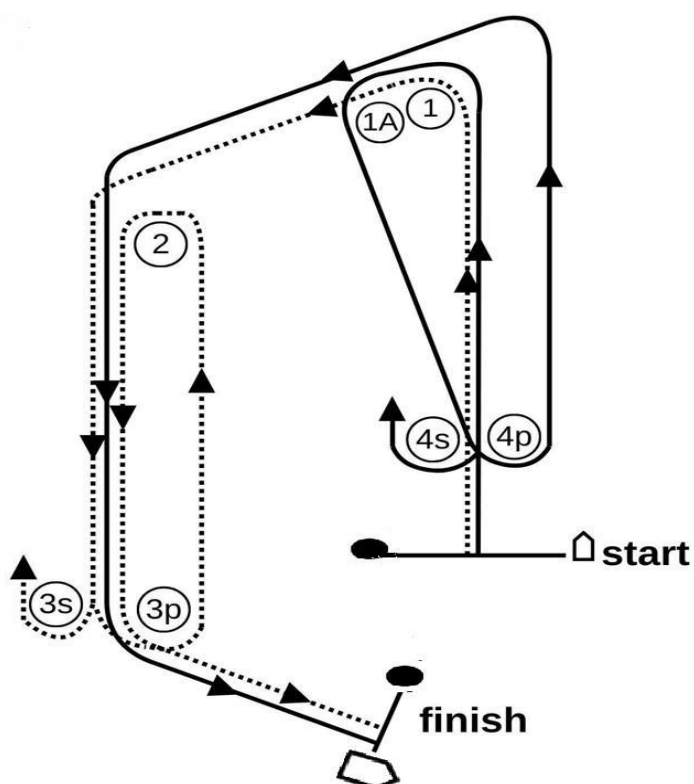
ADDENDUM B – COURSE DIAGRAMS

COURSE: WINDWARD / LEEWARD with reaching finish
Mark Rounding Order
Start – 1 – 1 A – 2s/2p – 1 – 1 A – 2p – Finish



COURSE TRAPEZOID

1. OUTER: START 1, 2, 3S/3P, 2, 3P, FINISH
2. INNER: START 1, 1A, 4S/4P, 1, 2, 3P, FINISH



ADDENDUM C – Officials

Race Committee Chairs: Olivier DE TURCKHEIM et Mathieu MAUDET

Jury Chair : Uros ZVAN

Technical Committee Chair: Charlotte ABADIE

Technical delegate and Class representative: Jean-Luc MICHON